Colchester County High School for Girls
Parent Weekly Bulletin
4 March 2022

Term Dates 2021 – 2022

Autumn Term
Wednesday 1 September
Friday 17 December

Half Term
Monday 25 October
Friday 29 October

Spring Term
Tuesday 4 January
Friday 1 April
Bank Holiday
Monday 3 January

Half Term
Monday 14 February
Friday 18 February

Summer Term
Tuesday 19 April
Monday 18 July
Bank Holiday
Monday 18 April
Monday 2 May

Half Term
Monday 30 May
Friday 3 June

Non-Pupil Days
Wednesday 1 September
Thursday 2 September
Thursday 21 October
Friday 22 October
Friday 17 December
Tuesday 4 January
Tuesday 19 July
Wednesday 20 July
Thursday 21 July

Prov Term Dates 2022 – 2023

Autumn Term
Thursday 1 September
Tuesday 20 December

Half Term
Monday 24 October
Friday 28 October

Spring Term
Thursday 5 January
Friday 31 March

Half Term
Monday 13 February
Friday 17 February

Summer Term
Monday 17 April
Friday 21 July
Bank Holiday
Monday 1 May

Half Term
Monday 29 May
Friday 2 June

Non-Pupil Days TBC

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday Week **A**	Mar	7	Assembly: Yrs 12 via Teams Assembly: Yr 13 in the Hall Yr 8 Progress Check 2 to Parents
Tuesday	Mar	8	Assembly: Yrs 10 & 11 via Teams Yr 9 HPV Vaccinations Yr 10 DofE Bronze Group A Session 15.45 – 17.30 DofE Gold Session 15.45 – 18.30
Wednesday	Mar	9	Assembly: Yrs 7 & 8 via Teams
Thursday	Mar	10	Assembly: Yr 9 via Teams Yrs 12 & 13 Twelfth Night Seminar Period 3
Friday	Mar	11	
Saturday	Mar	12	Yr 9 Magistrates Court Mock Trial Competition 09.00 – 13.00 DofE Gold Training Day 09.00 – 17.00

We continue to urge everyone to continue using control measures of regular hand washing and respiratory hygiene (catch it, bin it, kill it). Regular cleaning will be maintained and windows should still be opened to ensure appropriate ventilation. Face masks are a personal choice and recommended in communal areas.
It is recommended that individuals should not come into school if they have symptoms, have had a positive test result.
Public health advice can be found here. The associated household (including any siblings) should follow the UKHSA recommended guidance which can be found here.

British Science Week at CCHSG Monday 14 March – Friday 18 March
We will be celebrating British Science Week in school, with the theme this year of 'growth'. Students will have the opportunity to get involved in a construction challenge, quizzes and poster competition, as well as learning some amazing facts on growth in Science.

Yr 9 HPV Vaccinations – Tuesday 8 March
Students will be receiving their second dose of the vaccine, parents have been emailed information and a link to give consent from Essex University Trust Immunisation Service. The immunisation Team can be contacted on 0300 790 0597.

Lost Property
Any unnamed lost property that has been handed in since the start of this term, has been photographed and recorded on SharePoint for students to view. We urge them to check to see if anything belongs to them, items can be collected from Reception.
Please ensure all belongings brought into school are named.

Healthy Living Rotations
Yrs 7 & 8 students should have been notified by their Form Tutor which Healthy Living Rotation they will be on and noted the dates in their planner. Parents will be sent a reminder email the week before your child is due to have their rotation.
Next week's rotations are:
Monday 7 March is 8Y Rotation 5 and on **Tuesday 8 March is 8X Rotation 5**.
We hope they enjoy their Healthy Living sessions.

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

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Mindful March Calendar
Please see the calendar at the end of the Bulletin as a means for action for happiness.

A Message from the Wellbeing Ambassadors
It is important to find the small joys in life and in the everyday things. Sometimes it can be more difficult to see the good things, but mindfulness can help you realise that there are a lot of positives out there. What brings you joy?

- Making someone smile
- Being creative
- A good night's sleep
- Having a warm bath
- Smelling fresh flowers
- Lovely weather
- The sun setting later and the evenings getting longer
- Re-watching your favourite film

E-Safety Information – How To Talk to Children About events in the News
Through browsers and social-media, children of all ages now have instant access to a huge range of news stories, some from legitimate new channels but also, to content being up-loaded from anyone with access to a mobile phone and the internet. With concerning events going on in the world, young people may be hearing words like 'pandemic', and 'invasion' in posts on Instagram, TikTok and other social media sites. On social-media, they may be seeing a range of posts; some factual, some memes, some scaremongering, and may be worried or confused about what is happening and the impact this may have on them
We would like encourage parents/carers to talk to their children about the information they may be hearing online, and offer this advice to help them do so:

- Encourage them to discuss what they have seen online openly and not to bottle it up – any concerns or anxiety may be amplified especially if they are being exposed to mis-information
- Talk about the events happening in an age-appropriate way – younger children do not have to be exposed to every detail, just because the information is out there
- If talking about a particular report or information they have seen online, try to establish the facts about what is being reported on from legitimate reputable sources and discourage using sources which are use distressing and emotive language
- Try to explore a range of perspectives
- Be comfortable with not having the answers to every question your child might have. It's ok to let them know you are unsure why this might be happening. Sometimes there is no right answer.

For further information and links on this topic please follow the links below:
How to talk and support your child about the recent news - https://www.childnet.com/blog/supporting-your-child-with-upsetting-content/
Help for teachers and families to talk to pupils about Russia's invasion of Ukraine. - https://educationhub.blog.gov.uk/2022/02/25/help-for-teachers-and-families-to-talk-to-pupils-about-russias-invasion-of-ukraine-and-how-to-help-them-avoid-misinformation/

CCHSG will be hosting a whole school E-Safety event on Wednesday 23 March. The day will involve student sessions during the school day, a staff training event after school and a parent/carer workshop in the evening at 19.30 – 21.00 in the Hall at CCHSG. Further details will follow shortly about the event.

Curricular and Enrichment Activities

Extra-Curricular Clubs & Activities – Spring Term
Please find the timetable for clubs and activities for this half term at the end of the Bulletin.

Yr 10 – 12 Student Mentor Opportunities
We are looking for mentors to inspire and support Primary-aged students in Mathematics, English and Reading. If interested, students should email Miss Torr via storr@cchsg.com. Please see poster at the end of the Bulletin for more information.

PE Fixtures

Date	Time	Event	Against	Location	Year(s)
07.03.2022	15.30 – 16.45	Netball Essex Cup Semi Final	Mayflower	CCHSG	U14
08.03.2022	15.45 – 16.45	GCSE Netball		CCHSG	Yr 11
10.03.2022	15.10 – 17.15	Netball Central Venue	Various	The Gilberd	Yrs 8 & 9

Students should also check the noticeboard in PE regularly for any updates or changes.

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All Yrs: Science Week Lunchtime talk on Monday 14 March
As part of National Science and Engineering Week 2022, we are doing a live link up to the Sanger Institute, Cambridge, the home of DNA sequencing to have a live talk from some of their female scientists, Petra. This is a unique opportunity to find out about their research into mosquitoes and how the scientist's career has developed. Petra undertakes genomic research into mosquitos and pesticide resistance, and her work touches on diseases, genetic sequencing, mutations, evolution. The talk with time for Q&A will start promptly at 12.45 in F13, students can bring their lunch. Open to all years, any student with an interest in Science should attend.

Yr 12 & 13 Biologists – Friday 11 March Period 1
Again as part of National Science and Engineering Week 2022, we are doing a live link up to Babraham Research Institute, based in Cambridge, with a live chat with two of their Bioscientists. Friday 11 March Period 1. We are having a talk from two female scientists, Johanna and Prachi, on cell reprogramming to induced pluripotent stem (iPS) cells and give an idea of their research into the role of epigenetic factors. This is a fascinating and developing area of Biology and a unique opportunity. We encourage all A Level biologists who have a free period to attend. F13, prompt start at 09.10.

Medsoc Talk
We are very fortunate to be having an in person talk from a leading local vascular surgeon, Mr Yow, on Monday 7 March, in F13, prompt start at 12.40, students should bring their lunch. We would encourage anyone with an interest in a health services career to attend. Mr Yow will be presenting some interesting clinical cases and getting students to do some problem-based learning. All Years welcome.

Yr 13 A Level Biology Revision – Wednesdays 12.15 – 13.15 in F13
These will continue each week on Wednesday, picking up a different topic/skill. Next week we will be looking at part 2 of histology continuing from last week.

Yr 11 GCSE Biology Revision – Thursdays 12.45 – 13.15 in F13
These will continue each week on Thursdays, picking up a different topic/skill. Students are welcome to being their lunch. Next week we will be looking at the menstrual cycle and starting the nervous system.

Yr 11 GCSE History Revision
Weekly revision sessions for Yr 11 History students continue every Monday in T21 from 12.45 (students are welcome to being their lunch). Each week will focus on a different examination question and therefore all History students are encouraged to attend.

CCHSG Book of the Month
March's book is *Oliver Twist* by Charles Dickens, please see poster below for more details about the book. In addition, students are encouraged to write a review of the book and email it to Mrs Croxson ccroxson@cchsg.com by Friday 25 March.

German Club
The club will now be held on Tuesday lunchtime from 12.50 – 13.15 in T14.

Crochet Club
The club has spaces available for anyone wishing to join, starting on Friday 11 March, all Yrs welcome and no experience needed. There is a sign-up sheet outside G26 for those interested. If students have their own hooks/wool they can bring them along as well as their lunch to the club.

Young Writers Competition
Bad guys get a lot of negative press, but are they really all evil? Young Writers' *Twisted Tales* competition is your chance to tell the other side of the story. Can students present a villain's point of view in only 100 words? They should ask their English teacher for an entry form or find copies outside F5. Deadline for entries: **Friday 25 April**
Congratulations to the 16 students who are being published in the previous *Empowered* poetry competition. The judging panel said that all entries were absolutely fantastic and poems to be proud of.

Careers & University Information

2022 Aspire Webinar Series
Run by upReach, a social mobility charity supporting students from less-advantaged backgrounds to secure top jobs, by providing free careers and further education resources to Sixth Form students, helping them make informed decisions about their post-18 options.
Their 2022 Aspire Webinar Series allows students to ask a panel of professionals about their career, is a great opportunity to meet Gatsby Benchmark 5, "facilitating encounters with employers". Please see poster below for full details and how to sign up to the webinars.

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Community Information

Essex County Council relaunch its Essex Residents' Panel
Essex County Council (ECC) is re-launching its Essex Residents' Panel; an online platform designed to empower local people to share views and opinions on council issues.
With over 300,000 people aged 18-35 living in Essex, the panel is currently underrepresented by younger voices, with residents in this age bracket forming just 10% of all sign-ups. With a new strapline of 'Essex, Get Vocal.', the panel is designed to provide people across all generations with an opportunity to feedback on local issues via quick and easy surveys, leading to improvements to services that truly matter to them.
Recent contributions from the panel have helped to shape 20 commitments relating directly to the local economy and environment as part of 'Everyone's Essex'; ECC's plan for levelling up the county.
To have your say on issues that truly matter to you, help shape services for generations to come and be in with a chance of winning a quarterly prize draw, sign up to the panel online today, by visiting: www.essex.gov.uk/getvocal

SEND Roadshows in March
For parents/carers of children with Special Educational Needs and Disabilities, the roadshows have representatives from various help and support groups. Please see the poster at the end of the Bulletin.

Dining Room Arrangements
Breakfast – 'to go' served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7-11 need to go to the allocated outside area to eat. Break service 'to go' in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from outside servery 12.35 – 13.00. Yrs 12&13 pre-ordered food in Sixth Form Refectory from 12.15.
There must be no eating in classrooms except if wet lunch is declared.

Pre-orders must be made by 08.30
Please ensure your child's ParentPay meal account is in credit.

Student Lunch Order

Sixth Form Lunch Order

Menu for w/c 7 March

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognaise with Sweetcorn	Pork, Lentil & Vegetable Sausage Roll with Salad	Beefburger, Chips & Beans	Sweet & Sour Chicken Noodles	Pan Fried Salmon with Sauté Potatoes & Broccoli
Or				
Vegetable Pasta with Salad (Vegan)	Cheese & Tomato Tart with Salad	Macaroni Cheese with Peas	Vegan Curry with Rice	Homity Pie with Salad
Main Meal £3				
Sticky Toffee Pudding with Custard	Blackberry & Apple Crumble with Custard	Pavlova	Banana & Toffee Sponge with Custard	Cheesecake
Pudding £1.20				
Panini £3				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Vegetable (Vegan)	Butternut Aquash & Sweet Potato (Vegan)	Leek & Potato (Vegan)	Carrot & Coriander (Vegan)	Tomato & Basil

Correspondence Sent out this Week
Yr 8: Healthy Living Session
Yr 8: Key Stage 4 Curriculum Information Evening and Parent Consultation Evening
Yr 9: HPV Vaccinations
Yrs 8 – 13: PTFA Volunteers

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Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 7	Tickets for PTFA Welcome Party	Friday 18 March
Yr 9	HPV Vaccination Consent	Friday 4 March
Yr 9	DofE Bronze Group A Training Day	Tuesday 19 April
Yr 9	DofE Bronze Group B Training Day	Friday 29 April
Yr 10	DofE Bronze Group A Training Day	Friday 11 March
Yr 10	DofE Bronze Group B Training Day	Friday 18 March
Yrs 10 & 11	GCSE PE Webinar	Friday 4 March
Yr 11	GCSE English Revision Materials	Wednesday 16 March
Yr 12 & 13	A Level PE Webinar	Friday 4 March
Yrs 12 & 13	DofE Gold Training Day and Practice Expedition	Friday 4 March
Yr 13	A Level Further Mathematics Revision Materials	Friday 11 March

Mr Williams' Weekly Mathematics Conundrum
Well done to everyone who entered last week, apologies there is no conundrum this week, but will be one next week with last week's answer. Thank you.

Word of the Week for w/c 7 March
Next week the word is **IMPALPABLE** – not palpable, incapable of being perceived by the sense of touch.

Colchester County High School for Girls
4 March 2022

PTFA
Registered Charity No. 1110464

1. Spring Term Dates for Your Diary

- **Spring Term Nearly New Uniform & Book Sale for All Year Groups**: Saturday 19 March, 09.00 – 13.00
- **Welcome Party for Year 7 Students and Parents**: Friday 25 March, 19.00 – 21.00, doors open from 18.30
- **PTFA Meeting: Monday 28 March**, 19.30 – 21.00
- **Quiz & Curry Night: Friday 22 April**, 19.00 – 21.30, doors open from 18.30 Tickets are on sale now!

Note: All planned PTFA events are continually reviewed and where necessary changes will be made in response to the latest government guidance.

2. Spring Term Nearly New Uniform and Books Sale – Saturday 19 March, 09.00-13.00
The next Nearly New Uniform Sale open to all Year Groups will take place on Saturday 19 March 2022, 09.00-13.00 in the Main Hall. This sale will not be by appointment, but we do anticipate a large attendance, so we would appreciate your support and patience as we get you through the sale room. Please try to avoid bringing siblings, unless they are currently at the school and need to get uniform.
Please note that second hand uniform sales cannot take place outside published dates.

3. Welcome Party for Year 7 Students and Parents/Carers - Friday 25 March,19.00 – 21.00 (doors open from 18.30)
We are pleased to invite students and parents of current Year 7 students to this rescheduled **Welcome Party**. Further details can be found in the letter sent to parents.

4. Quiz & Curry Night – Friday 22 April, 19.00 – 21.30
Ever wondered if your family is the brainiest within the CCHSG network? Now is your time to find out! Grab your friends and book a table for a team of 6-8 and enjoy a night of brain busting questions, good food, fellowship and fun. This in person Quiz Night will be held in the CCHSG Main Hall, hosted free of charge for the PTFA by our regular Quizmaster, parent Julian Roper who runs 'Corporate Quiz Hire,' www.corporatequizhire.co.uk

This will be a sell-out event, so get your tickets early to avoid disappointment.
Tickets are available via Classlist :-
Family (2 adults & 2 children up to 16 years) = £25 (only 15 tickets available)
Adult (17 and over) = £10 (only 40 tickets available)
Child (16 and under) = £5 (only 20 tickets available)

Notes:

1. Only cash payments please for Raffle tickets, licenced bar and purchase of additional meat dishes at this event.
2. If there are more than 2 children aged 16 or under attending with 2 adults, please purchase a Family ticket plus any additional child ticket(s) as required.
3. Ticket price includes a vegetarian meal. Meat dishes available to purchase on the night.
4. As we are aware that this event takes place during Ramadhan, a Prayer Room will be available for those requiring it.
5. Last date for ticket purchase is Friday 15 April 2022 but we strongly encourage those interested to get your tickets now as when they're gone, they're gone!

Tickets are only available via Classlist. If you are not yet registered with us on Classlist, please sign up on Classlist via www.classlist.com or scan the qr-code, search for our school and sign up. You can also download the Classlist app on iOs and Android.

5. Volunteering Opportunities
None of our planned events can run without the kind support of volunteer parents/carers. Could you help? To sign up, please click on the link for the individual event to go to the signup sheet. (or copy it into your web browser if clicking doesn't work) CCHSG PTFA thanks you in advance for your support.

Event	Volunteer Sign-up Link
Spring Term Nearly New Uniform and Books Sale Saturday 19 March 08.30 – 13.30	https://volunteersignup.org/WB9LM
Welcome Party for Year 7 Students and Parents/Carers Friday 25 March 18.00 – 21.30	https://volunteersignup.org/ADCJH
Quiz & Curry Night Friday 22 April 18.00 – 21.30	https://volunteersignup.org/QKQMH

PTFA CONTACTS: For all enquires related to PTFA email cchsgptfa@gmail.com

Mindful March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them	6 Have a 'no plans' day and notice how that feels
7 Take three calm breaths at regular intervals during your day	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying	13 Pause to watch the sky or clouds for a few minutes today
14 Find ways to enjoy any chores or tasks that you do	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 If you find yourself rushing, make an effort to slow down	19 Appreciate nature around you, wherever you are	20 Focus on what makes you and others happy today dayofhappiness.net
21 Listen to a piece of music without doing anything else	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Cultivate a feeling of loving-kindness towards others today
28 Notice when you're tired and take a break as soon as possible	29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life			













ACTION FOR HAPPINESS

Happier · Kinder · Together

Extracurricular Clubs & Activities - Spring Term 2022

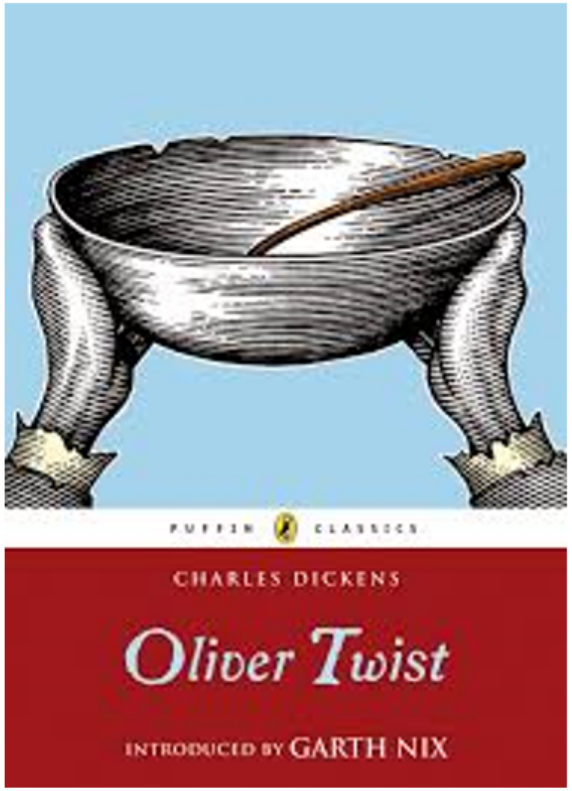
Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Lunchtime	Lunchtime	Lunchtime	Lunchtime
Pi Club DGO, M8	**Senior Choir** FJE, M2, Years 9 -13	**Young Enterprise** TFL, G3, Year 12	**Drama and Music Production** Club, MCU, Years 7-13	**Problem Solving** SBR, Year 12
Mindful Mondays (Wk A only) Wellbeing Ambassadors & NWI	**Art, Open Studio Workshops** MSA, G26	**Additional Maths qualification** EGL, Year 10 & 11	**7UP English** BWI, F5, Year 11	**Geog Docs** NKE, T19, Years 7-13
Art, Open Studio Workshops MSA, G26	**Japanese**, G7, All Years Elsbeth McLauchlan (Yr 12)	**History Society** KKi & Sixth Form, All Years	**GeogSoc** JKI & Sixth Form, T2, Years 9-13	**Small Music Ensembles**: Strictly Strings, Flutissimo & Recorder Group
Boomwhacker Group FJE, M12, All Years	**Debate Club** IPA, G21, All Years	**Art Club (wkA)** MSA, G26, Year 7 & 8	**Art Club (wkB)** MSA, G26, Year 7 & 8	**Anime Club** BWI, F5, Years 7-13
Feminist Society (wk B only) VWI & Sixth Form, All Years	**PsychSoc** KPH, H4, Years 10-13	**Chinese** T10, All Years, Page Laoshi	**Law Society** KKI & Sixth Form, All Years	**Afro-Carribean Society** SHU & Sixth Form, LT, Years 7-13
French Mlle Bouteiller, T13, All years	**Spanish** SSN, G6, All Years	**Guitar and Ukulele Group** FJE, M2, All Years	**MedSoc** IMA & Sixth Form, F12, All Years	**Italian** Signorina Grandi, T11, All Years
The Bluebirds, Years 7 & 8 Run by Sixth Form, M2		**Kazoo Group** M12, All Years	**Concert Orchestra** M2	**Tamil**, G7, All Years Maathumai Sivakumar (Yr 11)
		VetSoc IMA & Sixth Form, F12, All Years	**Lower School Art Club** Art Ambassadors, G26, Years 7-9	**Drawing Club** TAA, G27, All Years
			German ADA, T14, All Years	**Crochet Club**, MSA & Art Ambassadors, G26, All Years
After School	After School	After School	After School	After School
		English Super league: Paradise Lost ADA, Teams	**Musical Production** FJE & MCU, M2 & M3	
		Dungeons and Dragons Club JST, Library, Years 7-13		
		Musical Production FJE, M2		

The CCHSG Book Of The Month-March
Oliver Twist

by Charles Dickens

(A CCHSG Library Challenge book)

The story of Oliver Twist - orphaned, and set upon by evil and adversity from his first breath - shocked readers when it was published. After running away from the workhouse and pompous beadle Mr Bumble, Oliver finds himself lured into a den of thieves peopled by vivid and memorable characters - the Artful Dodger, vicious burglar Bill Sikes, his dog Bull's Eye, and prostitute Nancy, all watched over by cunning master-thief Fagin. Combining elements of Gothic Romance, the Newgate Novel and popular melodrama, Dickens created an entirely new kind of fiction, scathing in its indictment of a cruel society, and pervaded by an unforgettable sense of threat and mystery.



In addition to this, you are encouraged to write a review and email it to Mrs Croxson ccroxson@cchsg.com by the **last Friday of each month**.

Prizes for the best reviews



Inspire others

Make dreams achievable

Enhance your personal statement

Calling all Year 10 - Year 12 students - have you considered becoming a mentor?

We are seeking mentors to inspire and support Primary Students in Maths/English and Reading

If you are interested in this opportunity please email storr@cchsg.com for further information

PTFA

Registered Charity No. 1110464

Quiz & Curry

Friday 22 April 2022

Teams of 6-8 or we can find you a team

Doors Open 18.30
Quiz starts 19.00

Ticket price includes a vegetarian meal
Meat dishes will be available for an additional charge
Cash transactions only on the night

Adult: £10 (17 years and over)

Child: £5 (up to 16 years)

LICENSED BAR AVAILABLE

Family of 2A + 2C: £25

Tickets available to purchase on Classlist
In support of Colchester County High School for Girls

Email: cchsgptfa@gmail.com
Contact: Agness O'Brien 07951 511653

SEND Roadshow

North East Essex

Are you the parent/carer or family member of a child with Special Educational Needs and Disabilities (SEND)?

Do you have questions about accessing support in your area or questions about SEND support available in Essex through Health, Education and Social Care? Would you like to link up with other parents in your area?

If you do, please come along and see us at one of our Roadshows. There will be representatives from Essex Family Forum, SENDIASS, Short Breaks, Team Around the Family Support Officer's Early Help, Health, as well as representatives from the Education Teams and SEND Navigation Leads.

We have two dates in your area, all our Roadshows run from 9am to 11am!

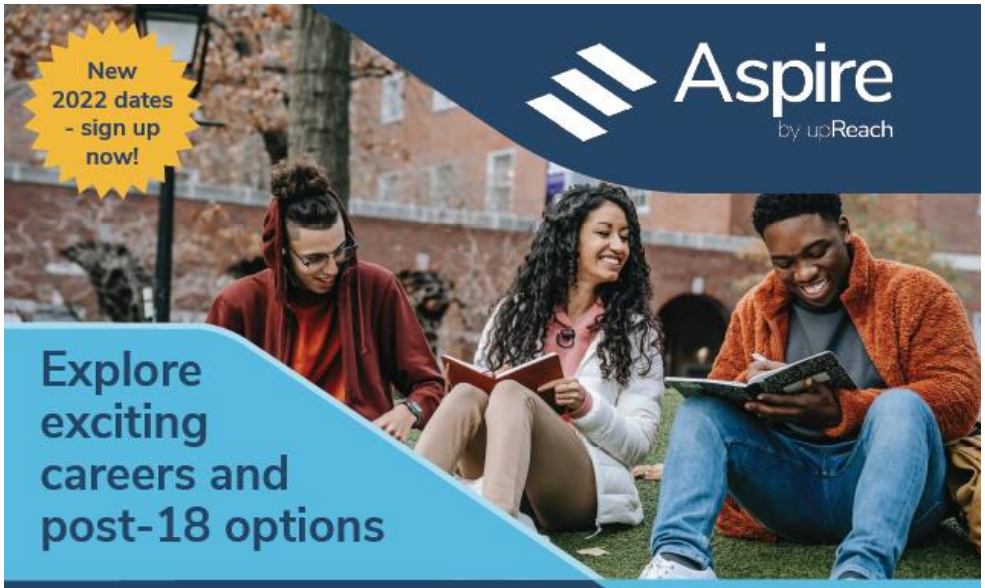
You will be made very welcome and we look forward to meeting you.



Friday 18th March 2022
Alton Park Junior School, Clacton-on-Sea (CO15 1DL)

Friday 25th March 2022
Chase Lane Primary and Nursery, Harwich (CO12 4NB)

Short Breaks · NHS · Essex County Council · Essex Family Forum · Information Advice and Support SEND



Aspire by upReach

Explore exciting careers and post-18 options

Free careers webinars for sixth-formers. Places are limited, so sign up today!

Scan to sign up now

Aspire Career Exploration Week

Join industry experts and the upReach team to discover a range of exciting careers you may not know exist! Discover why not all these career paths need a degree, while for others, university and subject choice can be important.

7 Mar	Tech & Engineering
8 Mar	Accountancy & Professional Services
9 Mar	Banking & Finance
10 Mar	Public Sector
11 Mar	Law

Aspire Webinar Series

A panel provides top tips on your post-18 options, from university to apprenticeships.

21 Apr	Applying to Oxford or Cambridge
28 Apr	How to Get Work Experience Over Summer
14 Jun	Choosing the Right University for You
21 Jun	Alternatives to University
5 Jul	How to Write a Great Personal Statement
12 Jul	How to Write a Great CV

All Webinars run from 5:00-6:00pm. More dates will be announced throughout the year, so please visit the Aspire website to stay up to date with the latest events

Sign up today: www.aspire.upreach.org.uk