Colchester County High School for Girls
Parent Weekly Bulletin
16 June 2023

Term Dates 2022 – 2023

Summer Term
Monday 17 April
Friday 21 July
Bank Holiday
Monday 1 May
Monday 8 May

Half Term
Monday 29 May
Friday 2 June

Non-Pupil Days
Wednesday 19 July
Thursday 20 July
Friday 21 July

Term Dates 2023 – 2024

Autumn Term
Monday 4 September
Wednesday 20 December

Half Term
Monday 23 October
Friday 27 October

Spring Term
Thursday 4 January
Thursday 28 March
Bank Holiday
Friday 29 March

Half Term
Monday 19 February
Friday 23 February

Summer Term
Monday 15 April
Tuesday 23 July
Bank Holiday
Monday 6 May

Half Term
Monday 27 May
Friday 31 May

Non-Pupil Days
Monday 4 September
Monday 25 September
Tuesday 3 October
Friday 20 October
Wednesday 20 December
Thursday 4 January
Friday 5 January
Monday 22 July
Tuesday 23 July

Safeguarding: Never Acceptable
to report a concern:
Click Here to make an Anonymous Report
Link to Whisper an anonymous third-party service for CCHSG

Dates for Your Diary

Monday **Week A**	June	19	Yr 10 Reports to Parents Yr 12 Internal Assessments
Tuesday	June	20	Yr 10 History trip to John Hunter Museum London Yr 12 Internal Assessments
Wednesday	June	21	Yr 12 Internal Assessments
Thursday	June	22	Yr 8 Cambridge University Talk Yr 12 Internal Assessments
Friday	June	23	Yr 8 Electronics day Yr 12 Internal Assessments

Nut Free School
We ask everyone to ensure no nuts or nut products are brought into school. This includes during travel to and from school via public or shared transport. Thank you.

Votes for Schools
This week's topic was: Do you care about our waterways and seas being clean?

Sports Presentation Evening – Tuesday 11 July
With the Sports Presentation evening fast approaching, the PE department would like any sporting updates from the students. If your child competes in sport to a high level outside of school, please complete the form found at this Link. Invitations to the evening will be sent shortly.

Y8 Electronics Matrix Day Friday 23 June - Potential Dividers and Switching Gates
The brief for the day will be to design, make and describe the theory behind some automatic systems, principally automatic lighting and heating systems. Students will be involved during three periods as outlined below:

All students in Year 8 will be in the Science department Period 1.
8C, 8O and 8L will in the Science department Periods 2 and 3.
8H, 8E and 8S will in the Science Department Periods 4 and 5.

Students will follow their normal timetable outside of the above times.

Extracurricular and Enrichment Activities

PE Fixtures

Date	Time	Event/Fixture	Against	Location	Years
20.06.23	15:45-17:15	Friendly Rounders match	St Marys	CCHSG	Year 9 and 10
21.06.2023	15:45-17:15	Rounders tournament	Various	St Benedicts School	Year 8
22.06.2023	15:10-17:30	Rounders Central Venue Tournament	Various	Thurstable School	Year 7

For regular updates on CCHSG activities you can follow us on Facebook @colchestergirls or Twitter @CCHSG_ For PE Department news see @CchsgD

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Careers Appointments
Students can make appointments with our impartial careers adviser via the sign-up sheet outside of Mrs Tarrier's office.

Careers information

The link below can be used to access the careers directory to research different sectors, understand the main tasks within job roles and average salaries, learn about which qualifications you should consider studying and explore the current job and apprenticeship vacancies in Essex and Southend.
Careers Directory (essexopportunities.co.uk)

The link below provides access to information with regard to student finance for university applicants; it includes information on how to apply and answering common questions.
2023 to 2024: It's time to apply for student finance - 19 May - Apply now for 2023 to 2024!

Wellbeing Information
Any student who feels they need wellbeing support, should contact any of the following:
EWMHS: 0800 953 0222
Young Minds: https://www.youngminds.org.uk/
Kooth: https://www.kooth.com/
Sexual abuse or harassment can also be reported to neveracceptable@cchsg.com or see the anonymous reporting link on the front of the Bulletin.
Childline: 0800 1111 NSPCC: 0808 800 5000
The School Nurse and School Counsellor are available for student appointments.

e-Safety Information

What parents need to know about Money-Mulling
We are all too aware of the threat that criminal organisations such as county-lines gangs pose to teenagers and young people. These types of organisations often like to recruit young people who are intelligent, well behaved and less likely to draw attention to themselves in school. This makes our students potential targets. A recent trend is the use of secondary school students being used to act as money mules.

Criminal organisations digitally 'launder' the illegal profits of their operations (including scams and drug deals) by moving funds through innocent-looking accounts, which makes it harder for the police to track. To achieve this, they often recruit young people – money mules – who are trusting enough to be taken in by their advances and simply see an easy way to make some cash.

These impressionable youngsters are sometimes approached to take part in person – but more commonly it happens through social media, where the criminals use euphemistic titles like 'money transfer agencies'. The attached guide takes a look at this emerging online hazard, highlighting how trusted adults can help to protect young people from money muling.

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Dining Room Arrangements
No coats are permitted in the Dining Hall at breakfast, break or lunchtime. Students should put their coats on the racking.
Breakfast – served between 08.00 – 08.35, accessed via the Dining Hall Extension Doors outside the servery.
Breaktime – Yrs 7 – 11 need to go to the allocated outside area to eat. Break service in Dining Hall.
Lunchtime – hot food in Dining Hall at allocated time for each Year Group, cold food and pre-ordered panini/sandwiches available from the Snack Shack 12.35 – 13.00. Yrs 12 & 13 pre-ordered food in Sixth Form Refectory from 12.15.
Students in Yrs 7 – 11 can eat their packed lunches in their form rooms from 12.35 – 13.00 as the Hall is unavailable due to the examinations.
Salad Boxes should be eaten in the Dining Hall Extension and can now be pre-ordered.
We strongly suggest students pre-order sandwiches and salad pots to avoid lengthy queues.

Pre-orders must be made by 08.30 via the Civica Eats APP
Please ensure your child's ParentPay meal account is in credit.

Dining Arrangements students to Dining Hall for Lunch:

Week A		**Week B**	
12.35	Yr 13 , 12, 11	**12.35**	Yr 13, 12, 11
12.50	Yr 8 & 7	**12.50**	Yr 9 & 10
13.00	Yr 9 & 10	**13.00**	Yr 7 & 8

Students should arrive promptly for their slot.

Menu for w/c 19 June

Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Lamb Fried Rice	Lasagne & Salad	Pizza Chips & salad	Sweet & Sour chicken Noodles	Fishcake & Green beans
Vegetable Pasta & salad	Cheese & Tomato Tart & Salad	Macaroni Cheese & Peas	Mushroom stroganoff & Rice	Vegetable lasagne & salad
Syrup Sponge Pudding & Custard	Apple Crumble & Custard	Pavlova	Banana & Toffee sponge (custard)	Cornflake tart & custard
Pudding £1.30				
Panino £3.30				
Soup of the Day (changes daily) £0.60 with Homemade Bread £0.40				
Carrot & Coriander (Vegan)	Tomato & Lentil (Vegan)	Vegetable (Vegan)	Butternut squash & sweet potato soup (Vegan)	Tomato Basil

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Correspondence Sent out this Week

Revision Materials for GCSE Mathematics Yr10 Students
Dora Love prize competition Yr 9 Students
Adventure society LARP Selected students
Yr12 Internal Assessments
Yr 7 Textiles – Selected Students

Deadline for Replies and Payments

Year Group	Trip or Event	Deadline for Response
Yr 10 Students	Revision Materials for GCSE Mathematics	Friday 23 June
Yr 9 Students	Dora Love prize competition	Tuesday 20 June
Selected Students	Adventure society LARP	Friday 30 June
Yr 7 Textiles	Textiles Day	Please refer to the individual letter

Healthy Living Session w/c 19 June

Tuesday 20 June P1 G22 8XR3
Tuesday 20 June P2 G22 8XR5

Lost Property
We urge all belongings to be clearly named.
All unnamed lost property that has been handed is photographed and displayed on SharePoint via CCHSG Lost Property
Items can be collected from Reception and will be kept for two school weeks before being recycled.

MENSA Brainteasers

I am taken from a mine, and shut up in a wooden case, from which I am never released, and yet I am used by almost everybody. What am I?

Answer to last week's brainteaser: The river was frozen.

Word of the Week for w/c 19 June

Word of the week is**: Infallible -** meaning absolutely trustworthy or sure.

Parent Weekly Bulletin
16 June 2023

PTFA
Registered Charity No. 1110464

1. **Summer Term Dates for Your Diary**
   - Nearly New Uniform and Book Sale: Wednesday 28 June 17.00-18.30 (Year 7 2023 intake only)
   - Nearly New Uniform Sale: Saturday 8 July, 10.00–12.30 (all Year Groups welcome)
   - Summer Concert: Thursday 13 and Friday 14 July

2. Nearly New Uniform and Books Donations

The PTFA will be running two Nearly New Uniform sales this term - Wednesday 28 June for 2023/2024 new Year 7 intake only and Saturday 8 July, open to all Year Groups. We are appealing for donations of good quality outgrown uniform as well as textbooks and revision books which are no longer needed. Donations are gratefully received and can be placed in the PTFA donation bins situated outside reception. We are in need of volunteers for both sales, so if you have some time to spare on either day, please sign up using the links at the bottom of the page.

3. Vinodh Gurusamy's Kilimanjaro Trek: July 2023

We are delighted to announce that Year 7 parent, Vinodh Gurusamy, will be trekking up Mount Kilimanjaro in Tanzania, Africa to raise funds for the PTFA. Vinodh, who had previously completed several summits in the UK, as well as Machu Picchu, in Peru before the pandemic, is excited to be trekking once again. If you would like to support Vinodh and donate, please visit:
https://www.justgiving.com/campaign/vinodhkilimanjaro

4. Summer Concert: Thursday 13 and Friday 14 July

The PTFA will be providing refreshments for the Summer Concert on Thursday 13 and Friday 14 July. We will be running a licensed bar, and a selection of refreshments will be on sale including cakes, popcorn, pick 'n mix and ice cream.

5. Grand Prize Draw Summer 2023

This week sees the launch of the PTFA's Grand Prize Summer Draw 1st Prize - £150 cash 2nd Prize - Enchanting Escape for 2 Gift Box (overnight stay in one of 330 locations) 3rd Prize - BBQ Hamper

Tickets at £5.00 per entry can be purchased via https://www.trybooking.co.uk/CKJZ

Winners will be notified via email. Winning ticket numbers, but not the names of the winners, will also be posted in the school's Parent and Staff Bulletins, Facebook page and on Classlist. Draw date: Monday 17 July 2023 10:00-10:30. All monies raised will allow the PTFA to continue funding additional equipment and resources for departments across the school. We thank you in advance for supporting this fundraising initiative

6 Volunteer Sign-up links

None of our planned events can run without the kind support of volunteer staff/parents/carers. Could you help? To sign-up, please click on the link for the individual event to go to the sign-up sheet (or copy it into your web browser if clicking does not work).

CCHSG PTFA thanks you in advance for your support.

EVENT	SIGN-UP LINK
Nearly New Uniform Sale Year 7 2023 Intake: Wednesday 28 June	https://volunteersignup.org/YLDM9
Nearly New Uniform Sale: Saturday 8 July	https://volunteersignup.org/CR9LC
Summer Concert: Thursday 13 July	https://volunteersignup.org/K4AR8
Summer Concert: Friday 14 July	https://volunteersignup.org/CT99Y

PTFA CONTACTS:
PTFA Chair: Mrs Anni Cullen
For all enquires related to PTFA, email cchsgptfa@gmail.com

PTFA

GRAND PRIZE DRAW

Summer 2023

1st Prize: £150 cash

2nd Prize: Enchanting Escape for 2 Gift Box

(Overnight stay in one of over 330 locations)

3rd Prize: Barbeque Hamper

Scan QR Code for tickets

£5.00 per entry

Draw Date:
Monday 17 July 2023

Registered Charity No. 1110464
Registered under the Gambling Act 2005 with Colchester Borough Council

Promoter: Mrs Anni Cullen (Chair, CCHSG PTFA)
Colchester County High School for Girls, Norman Way, Colchester, CO3 3US

Tickets are non-transferable and may not be purchased by persons under 16 years of age.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about MONEY MULING

Money muling involves individuals – very frequently young people – being recruited to transfer illegally obtained funds into and out of their bank account on behalf of criminals (often without even realising that's the kind of activity they've become embroiled in), and usually being allowed to keep a certain amount for themselves. It's essentially a digital form of money laundering. This guide highlights some of the risks associated with money muling, and provides parents and carers with useful tips to help safeguard young people against becoming ensnared by this growing online hazard.

WHAT ARE THE RISKS?

LEGAL REPERCUSSIONS

Young people may be lured by the promise of quick, easy money, but by doing so they will become unwitting participants in activities that can have severe legal and financial consequences. Money muling is a serious offence under UK law: involvement in such schemes can result in imprisonment and fines (or both). Remember, the threshold for criminal responsibility in the UK is 10 years of age.

ONLINE RECRUITMENT

Cyber-savvy criminals are increasingly using various online methods, including social media apps and gaming platforms, in their attempts to recruit young people as potential money mules. The criminals often deploy persuasive, deceptive tactics to gain children's initial interest and attention, then seek to exploit their trust and naivety.

POSSIBLE EXPLOITATION

Money muling is frequently carried out in tandem with other organised criminal activities such as the drugs trade or human trafficking. Not only is money muling a criminal offence in its own right, therefore, but it could also expose young people to harmful situations as well as potentially putting them in contact with some extremely dangerous individuals.

FINANCIAL LOSSES

If they (even unknowingly) transfer funds that are traced back to criminal activities, money mules can face considerable financial losses: their bank may freeze their accounts, and they can be held liable for any illegally obtained funds. People involved in money muling often also find themselves at greater risk of becoming entangled in other forms of criminal financial exploitation and fraud.

LONG-TERM CONSEQUENCES

Involvement in money muling can have a lasting negative impact on a young person's reputation, education and employment prospects, and place colossal strain on their family life. A conviction for financial fraud would significantly damage a young person's future opportunities: they could be blocked from opening a bank account, taking out a mortgage or even securing a phone contract.

Advice for Parents & Carers

EDUCATE AND COMMUNICATE

Talk to your child about the risks and consequences of money muling, emphasising the importance of making informed decisions and seeking guidance if they need it. Create an open, non-judgmental space which encourages them to share their concerns and experiences, ensuring they feel comfortable getting help if they suspect they may have become involved in money muling.

MONITOR ONLINE ACTIVITIES

If you have concerns, you might want keep a closer than usual eye on your child's online presence, including their profiles on social media and any gaming platforms that they use. These can often serve as useful early warning systems which might help you to detect any signs of attempted recruitment by criminals or other types of suspicious behaviour.

TALK ABOUT MONEY

Discussions about avoiding being recruited as a money mule are also good opportunities for a refresher with your child about financial responsibility and good money management. It's also a helpful starting point for highlighting the importance of earning their money by honest means and the potential consequences of getting involved in illegal activities, both online and offline.

STAY INFORMED

Criminals' methods and approaches to recruiting young people as money mules frequently evolve to reflect the online landscape. Try to stay aware of criminals' current tactics and make time to regularly check out resources provided by schools, law enforcement and financial organisations. The Don't Be Fooled Campaign (at www.moneymules.co.uk) has plenty of useful information and advice.

REPORT YOUR SUSPICIONS

If you have reason to believe that your child, one of their friends, or someone they know has been recruited into a money muling operation, seek support and then report your suspicions. For your own safety, please don't attempt to directly confront anyone you suspect of organising money muling. Instead, contact Crimestoppers anonymously on 0800 555 111.

Meet Our Expert

Rose Savage has a proven track record in countering financial crime, having spent 13 years with UK law enforcement – specialising in money laundering investigations and asset recovery from organised criminal groups. He now holds senior visiting expert positions at various organisations and delivers customised training and consultancy to government and private-sector clients worldwide.



Source: www.moneymules.co.uk | https://nationalcrimeagency.gov.uk/moneymuling
www.ukfinance.org.uk/press/press-releases/parents-urged-to-protect-children-from-money-mules

National Online Safety®
#WakeUpWednesday

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